

Submission Prayer

Father, I choose to be open and receptive today. I humble myself bearing my heart, my joys, and my pains. I thank you for restoring my wounded soul. I believe that I will not receive more than my humanity can bear. I ask that what is hidden in my conscious and unconscious mind, those secrets hidden from myself that block my growth and intimacy with God and others be revealed.

Search me Holy Spirit, reveal these hidden hurts to me and show me the areas that must be addressed today. I give You permission to go to the points of inception of my hurts and hidden memories that are negatively impacting my life. I give You access to my heart and mind, so that You may bypass any repression, denial, depression, disassociation, confusion, guilt, shame, condemnation, pride, unforgiveness, anger, fear or lies that may be blocking my memories.

Override any obstacles that have hindered me, or are hindering me from receiving my freedom in You. I renounce and cancel the effects of receiving any accusations and lies into my mind, body, soul and heart that is contrary to the truth of who You say that I am. I declare that I live my life loved, cherished and adored by You. I receive in my heart every expression of Your love for me. Because You love me, I am free of all guilt, shame and condemnation.

Thank You that YOU will never leave or abandon me during this process of restoration and healing. I desire to walk in my freedom in Jesus' name. Amen.